



LAMO ZONE CLUB NEWS



WELCOME (BACK) TO THE LAMO ZONE

A few years ago LaMO coordinated a quarterly newsletter for our parents, players, and community members alike.

Recently we've been a little quiet — but very busy! And now our newsletter is back with information on what we're doing, where we're going, and how you can get more deeply involved in our Lamorinda Soccer community.

Go LaMO!

MANY TEAMS ONE CLUB

LMSC proudly serves our budding soccer players in development programs and clinics, pre-academy players taking their game to the next level (U9-U12), and our academy athletes (U13-U19) playing in the GA and MLS NEXT. Our WPSL team (U19+) is part of the world's largest women's soccer league.

Each age, team, and league has its unique features, but we are one club with one shared vision, playing style, and commitment to excellence.

LAMO ON THE NATIONAL STAGE

LaMO's latest call-ups represent the standard of excellence expected from our players. These players have demonstrated outstanding commitment to their training and their passion for growth is palpable.

Kendall, Delaney, and Ella have all been called to join the US camps for upcoming events, making them part of the pool of players set to compete. With their dynamic traits and solid fundamentals, these players continue to attract the attention of national scouts across the globe.

In addition to those mentioned above, LaMO is proud to have players representing Mexico, El Salvador, Guam, and the Philippines on their respective national teams. Congratulations!



STAGES OF DEVELOPMENT

Parents often ask why certain age groups focus on what they do. LaMO's longterm development plan sets us apart from other clubs. Here's what you can expect on your journey from day one, understanding that it's part of a full process of player growth.

<p>DEVELOPMENTAL PROGRAM U5-U8</p>	<p>OBJECTIVE</p> <p>To create an enjoyable soccer experience incorporating small-sided games that are fun and engaging while also teaching basic skills necessary for an individual's soccer development. This program is designed to bridge the gap between recreational and competitive programs.</p>
<p>COMMITMENT</p> <p>Practice 1x/week with games on the weekend</p>	<p>GOALS</p> <p>Players who complete the program will have baseline skills necessary for pre-academy, competitive elite teams.</p>

MASTERING THE BALL U8-U11



OBJECTIVE

To teach technical skills, introduce individual tactics and develop good habits in training and games in order to prepare players to transition to the next level.

COMMITMENT

Practice 2-3x/week
Year-round with winter break between Fall and Spring leagues

GOALS

Players who complete the program will have the baseline skills necessary for academy-level programs.

PLAYING TOGETHER U12-U14



OBJECTIVE

To provide passionate soccer players with the opportunity to improve their technical skill (doing) in tactical situations (decision making) within the same training.

COMMITMENT

Practice 3-4x/week
Year-round *
* winter break between Fall and Spring leagues for U12

GOALS

Players ready to pursue the highest level of training with goals of playing in college, on national teams, or professionally.

PLAYING IN SYSTEMS U15-U19



OBJECTIVE

To prepare select, passionate players for advanced play at the collegiate soccer and national team levels. This preparation is elite, from the premier coaching to the high level of competition.

COMMITMENT

Practice 4x/week
Year-round with no winter breaks or high school "off" season

GOALS

Select players will be attractive to and recruited by college coaches and national team scouts.

A PLACE FOR DEVELOPING THE PLAYER

Coach Mo on What to Look for in a Soccer Club

In youth soccer, one of the hardest things for parents to navigate is competing information on programs, clubs, and leagues. While choice is not inherently bad, an overwhelming number of options can leave parents confused or (much worse) misinformed.



I truly believe there are two types of clubs: 1) a soccer business where numbers matter and 2) a development academy where commitment to player growth — at every level — is paramount. Lamorinda Soccer Club is the latter. We firmly believe in development over dollars.

Let's also get this straight: Leagues do not develop players — clubs and coaches do. The role of the league is to provide exposure and opportunity. But the player develops within the club under the guidance of his/her coach. For optimal player development, the club environment should be competitive, challenging, have a central vision, and provide long- and short-term developmental goals.

At LaMO, we focus on development at stages rather than ages, with a clear long term vision on playing at their fullest potential — possibly in college, on a national team, or beyond.

It's a long road from day one to D1 — and we recognize that playing at the next level is often not even on the radar for the youngest players or their parents. But player development starts at day one, and that's why LaMO provides free open training for players shopping options. A frenzied 2-day tryout is not where you can make a meaningful decision. Instead, we're proud to offer an authentic trial experience for players and families so they can experience this community invested in the player over everything else.

Looking to join an LMSC open training? You can find out more — including schedules for girls and boys practices — and sign up at: lamorindasc.com/training

GET-2-KNOW: *Coach Mo*

Coach Mo grew up in Sudan, where he played soccer as a youth on the streets and in the alleys. He credits that street background for the development of his creativity, technical skills and instincts. Mo ultimately played professionally in his native country, then briefly lived in England before coming to the United States.

Coach Mo has been a key part of LMSC's rise from a local soccer club to a nationally recognized competitive development academy. He's been part of the coaching staff since 1997, Girls Program Director since 2000 and Director of Coaching since 2007.



WHY PLAY ACADEMY-LEVEL SOCCER?

They say success doesn't come from what you do occasionally, it comes from what you do consistently.

LMSC's academy players are committed to consistently improving. They are willing to put in the hours of training, year round, to get better and better each day. In return, we give them the platform to compete with like-minded athletes who are also dedicated to their personal development.

Playing at the academy level means that you are committed to this standard — and that it is your priority. Wins are great, but improvement is the goal. College coaches and scouts are always looking for players with this commitment, and that's why they seek out players within the GA and MLS NEXT — the next generation of athletes destined for college, the pros, and national teams.

If your player's goal is to play in college or beyond, the GA and MLS NEXT platforms can help make those dreams come true.



**GIRLS
ACADEMY**



FREE SPRING DEVELOPMENTAL PROGRAM

Learn soccer in a fun, safe — indoor — space!

Boys + Girls 2-5 years old
Mondays, April 15 - May 20
Shooting Stars (2-3 y/o): 3-4PM
Hot Shots (4-5 y/o): 4-5PM

*scan
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for
more
info*



REFEREES RULE

Spring League is upon us, and with that comes the opportunity for homegrown referees to take charge on the pitch.

LMSC refs are paid service providers practicing leadership, responsibility, and sportsmanship.



Are you a lincensed grassroots referee (grade 9 or above)? Email the club at admin@lamorindasc.com for more information on joining our referee pool.

SPANNING GENERATIONS

A local family reflects on the club's impact through the years

Let's go back to 1995...

O.J. was on trial, Forrest Gump won the Oscar for Best Picture and I graduated from Campolindo High School. What started with a coach asking to come to a U10 LMSC practice, after watching me play a LMYA game, was about to end in the semi-final loss in the State Cup in my final game for Lamorinda Soccer Club. Looking back over my time at LMSC, it provided me with so much opportunity to grow, not just in soccer, but as a person during those tough junior high and high school years. It provided me with a group of friends outside of my usual circle, I experienced staying away for the first time with roommates at tournaments, quality time with my dad driving all over the West Coast, the thrill of beating San Juan in the finals of a tournament, and the agony of losing multiple State Cup Semi-final games.

Now an adult, having moved back to Lamorinda and with a son who is soccer obsessed, I did my due diligence on all the local clubs (as unbiased as possible), and when I asked my friends from other cities who have kids or work in top Bay Area Clubs, the answer always came back the same:

For the best player experience, go to LMSC.

I was pleasantly surprised (and happy) when I looked up the club and saw that not only did it still exist, but it was thriving. So in late 2021, I signed my then 5 year old son up for the Winter Clinics.

You can tell right away the sign of a quality club by what they emphasize at a young age. I was extremely impressed with the soccer exercises by run by the coaches, while keeping the experience fun, so much in fact that my son wanted to keep coming back every time, even when it was 36* at 8am on Wilder 4!

It's been incredible to see all these kids progress over the last 2 years and what these kids can do at 7 and 8 years old... Scissors? Sure... but Volleys and Elastics??? Let's just say my 7-year-old self would not stand a chance.

The greatest thing about it is that he has bonded with his coach, made new friends on his team — and even with some of the boys on older teams — it has given him tons of confidence all while keeping the focus fun and on development and learning, vs. winning at all costs. This is a big differentiator and

another reason we choose LaMO. They are playing the long game, and the smallest kid who is technical and works hard gets the same attention as the kid who is ahead in terms of physical development (size). There is a plan being followed, and this will set the kids up for long term success.

I think there is also a lesson here for parents, at least one that I am trying to follow, which is: This is my son's journey, not mine.

There will be ups and downs along the way, and that is all part of the ride and getting upset small things along the way does not help. The only thing we can do is encourage high effort and ensure that the environment is the right one for the long term. With that, I am confident we made the right choice coming to Lamorinda Soccer Club.

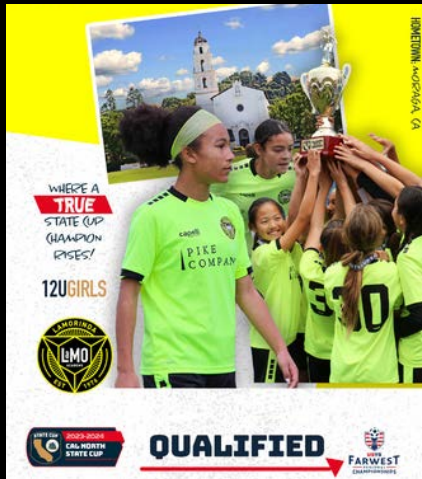
— Steve Barrios
U8 parent



Luke Barrios, U8, in his dad's LaMO kit from yesteryear

TEAM SPOTLIGHT

2012 PRE-GA GIRLS



Our U12/2012 Pre-GA girls have been on a tear having won six of their last seven tournaments, including the Cal North State Cup Crown. This latest victory earned them a ticket to represent Northern California at the Far West Regional Championship in Utah. Congratulations, girls!

- San Juan Presendients Cup Champion
- Albion Cup (San Diego) Champion
- USYS Cal North State Cup Champion
- MVLA Fall Classic Finalist
- IR Academy Fall Cup Champion
- Davis Legacy Super Classico Champion
- Phoenix Cup Champion



PLAYERS SPOTLIGHT



LIAM MURDIN MLS NEXT U19 D1 COMMIT CAL POLY SLO

Which attributes appeal to college coaches?

My game awareness and passion are two things that helped me stand out in front of coaches. Game awareness keeps me one step ahead, and my passion reinforces my character and leadership — things that go a long way with college coaches.

How has LaMO helped showcase you with scouts?

LaMO helped me understand what it takes to make it at the highest level. The club pushed me to my limits in training + games, preparing me to put my best football forward.

How has LaMO helped you with your college pathway?

Playing MLS NEXT allows me to play in front of coaches from all over the country, giving me the best chance to be recruited. The opportunity to play in national events put me in front of college coaches from coast to coast.



LILIANA RUBIO GA U15 U15 WOMEN MEXICO YNT

How did you get recruited to play for Mexico?

My parents had a recruiter reach out regarding Mexico trials, then we had a teammate also reach out. We traveled down to Mexico for trials and everyday they did cuts. Both my teammate, Sophia Torres and I made each cut until the end when they accepted us on the Mexico national team.

I have also been invited to a residency regional camp for USA and NorCal Talent ID Camps. But the recruitment process is very different in the USA compared to Mexico. In Mexico any player can tryout, but in the US, the opportunity is only by invite.

How has LaMO helped with exposure and/or training?

If not for LaMO, I would not have been seen. National team scouts watched my team play and then offered a couple of us a chance to showcase for USA. Both nations have complimented

PARENTS PERSPECTIVE

We are grateful for finding this club and calling it our home. The exceptional coaching, talented players, and remarkable families have made this journey absolutely unforgettable.

As a parent, the sacrifice is a lot, but the investment from the club, coaching, and talent pool has been returned 10X. The environment and atmosphere is like no other.

— Anthony Rubio

me on my knowledge of the game, skill, and ability to play all positions. LaMO has helped me learn and grow stronger in these areas.

The LaMO style of play is attractive to scouts, and as long as I stick to what I have learned I feel confident I will continue my path.

What is the next step for you in this team?

I want to earn a national cap playing in an official FIFA match with either nation this year. My long term goal is to play in the senior team in a World Cup.

PLAYERS SPOTLIGHT



ISRAEL CORTEZ

MLS NEXT U19 | D1 COMMIT UC BERKELEY

Which attributes appeal to college coaches?

My work ethic and character on the field helped me stand out with college coaches. Whether we would be 3-0 up or 5-0 down, I would always put in the same 100% effort.

How has LaMO helped showcase you with scouts?

LaMO provided the opportunity for me to play at high competition level tournaments in MLS NEXT. Also, by using their network and connections with college coaches, LaMO helped recommend me to schools.

How has LaMO helped you with your college pathway?

LaMO has helped me secure a spot at my dream college while playing the sport I love. They helped shape me into not just a good athlete but also a good person off the field.



MARIANN ROMERO

GA U16 | U17 WOMEN MEXICO YNT

How did you get recruited to play for Mexico?

In August 2023, I attended a camp called Alianza in Los Angeles and San Jose where there were many scouts from Mexico and US including some of the Mexico youth national team scouts. A month later in September, I was blessed and honored to receive my first call up to the Sub-17 Women's Mexico National Team.

How has LaMO helped showcase you with scouts?

When I first joined LaMO in 2022, the coaches and staff believed in me and knew I had potential from the beginning. LaMO has helped me improve my technical, tactical, decision making, and confidence with the ball on the field. LaMO has pushed me to be the best I could be and motivated me to improve my mental and physical strength, to succeed in the national team. They have helped me become the player I am today and pushed me to my limit every practice and have guided me to success. LaMO has offered me a lot of networking opportunities which have helped with exposure and have prepared me for the national team.

What is the next step for you in this team?

My next step in the National Team is to get called up again and continue earning my spot on the roster. I want to represent and contribute to the team and help win big tournaments like CONCACAF and big games against other national teams. Knowing that this is a huge opportunity to play on the national stage, I won't take it for granted and will continue working and improving every day to achieve my goals. I want to go out and make a name for myself and make my family proud, so the fruits of my labor won't go in vain. Not just my own labor but for all the people who believe in me and continue to support me in my journey.

PLAYERS SPOTLIGHT



CHAYSE YU GA U19 D1 COMMIT BROWN

Which attributes appeal to college coaches?

Overall, colleges look for an all-rounded player. Colleges look for players who show dominance and leadership while remaining humble and uplifting their teammates in times of adversity. Colleges look for a player who is smooth technically and has good ball control. A player that can have good soccer knowledge of when to pass, shoot, or dribble.

Additionally, colleges look for players who have grit and will do anything possible to win. Players that would put everything they have out because they are passionate and love the game. Colleges also look for players who are aggressive and show presence on the pitch. Aside from the soccer aspect, colleges look for players who have a sincere and genuine personality on and off the field. Colleges look for players who are coachable and are willing to improve.

How has LaMO helped showcase you with scouts?

LaMO has prepared me in many different ways to perform at showcases and big tournaments. For me, it really starts with the intense training. LaMO does a great job creating game-like scenarios. The practices are intense with a high level of coaching that allows players to improve every single day. The practices allow players like myself to take the knowledge we learned in training and execute it at a high level in these showcases/tournaments. There is not a single practice at LaMO where the intensity is low. The intensity is always high which allows me to really prepare and perform at my best. The coaches are extremely knowledgeable which allows players to strive to reach their full potential.

How has LaMO helped you with your college pathway?

When I was first getting into my recruiting process, I didn't know how to navigate as efficiently as I wanted to. The LaMO coaches, especially Mo really helped me navigate through my recruiting process. He was always very supportive and helped me prepare both mentally and physically to perform at these big events to impress the college coaches I wanted to impress. Mo always

provided knowledge that allowed me to navigate the recruiting process with ease. His guidance allowed me to ultimately choose the college that I wanted to attend and further my soccer career. Without LaMO my recruiting process would have been a lot more difficult.

Furthermore, LaMO has great connections when it comes to college coaches. Our LaMO Girls Academy teams dominate in the league due to the intense and efficient training during the week. This means we can qualify for bigger events that have over 50+ college scouts. Players can perform at the highest level while being seen by multiple college scouts. LaMO helps players be seen by the top college coaches.

“The Lamorinda coaching staff taught me the value of hard work, dedication, and commitment, and how that work is always contributing to something that's bigger than yourself. It's these values I'm most grateful for and use most often in my collegiate athletic experiences today.”

— Spencer Deutz,
LMSC alumnus

Pitzer College



PLAYERS SPOTLIGHT



KENDALL CONWAY GA U15 U14 WOMEN USYNT

How did you get recruited to play for the U.S.?

I will never forget October 6, 2022, when I was invited to my first U.S. Soccer Talent ID Center. It was so exciting but nerve-wracking! I performed well and then I was selected to the U14 Talent ID Regional Mini-Camp in Chula Vista. This was a special experience because it was at an Olympic Training site and it was the first time I was away from home by myself for a whole week.

After this, I made the U14 Talent ID National Camp and then the U15 National Team camp in Portland. The camps are my favorite because every second is about all aspects of soccer – nutrition, studying film, having a positive mindset, and playing with some of the best players in the country.

It is a great honor being able to represent my country doing what I love to do.

PARENTS PERSPECTIVE

Every minute and every mile is worth [the effort] because we know Kendall is receiving such high-quality instruction and learning important life lessons at the same time. The intensity of each training is unparalleled to anything we have seen, and the exposure these players receive is remarkable. Kendall has developed friendships that will last a lifetime and we are thankful to be a part of the special LaMO family!

— Mike and Leslie Conway

How has LaMO helped with exposure and/or training?

I am very grateful to Mo, Masood, and the LaMO coaching staff for all they do. I am also thankful to be surrounded by great teammates who push me to be better. Our trainings are intense and competitive which helps me prepare for these camps.

LaMO's possession style of play is similar to what we are taught on the National Team. Being able to train with the boys and older girls is also beneficial to play quicker.

Mo and LaMO are respected by U.S. Soccer and many top college programs and as a result, our club gains exposure from coaches coming to see us play at tournaments, games and even practices. I have also been lucky to receive helpful advice from current and former LaMO players about their U.S. National Team experiences.

What is the next step for you in this team?

I am really looking forward to the upcoming GA Champions Cup in Florida and building on the success we had recently in Norco. With the U15 U.S. National Team, my goal is to make the upcoming camps and international games. My dreams are to play Division I soccer at a good academic school; become a professional soccer player; and one day win a World Cup and Olympic Gold Medal playing for Team USA. I am so thankful for the wonderful friendships I have made through soccer and all the doors LaMO has helped open for me.

PLAYERS SPOTLIGHT



ILIANA MENDOZA GA U16 | U17 EL SALVADOR YNT

How did you get recruited to play for El Salvador?

My goal was to attend a National ID camp for either, USA or El Salvador, as I have dual citizenship. I always wanted to play at the highest level and realized I had to work very hard for it. My family and I were informed that the Head Coach from the National Womens Team of El Salvador was coming to the US to recruit players and the tryouts were held locally. My dad signed me up and took me to try out and I was one of six recruits from the Bay Area. Within two weeks of trying out, the Head Coach a letter inviting me to the National Camp being held in El Salvador in January 2024, and I got called up!

How has LaMO helped showcase you with scouts?

LaMO has taught me so much I have been exposed to amazing opportunities that have helped me prepare to play at the next level. LaMO has improved my soccer skills, my soccer IQ and my mentality has improved tremendously. I love training all year-round and having the opportunity to play top teams in the Bay Area. I also enjoy attending the Girls Academy Nationwide Tournaments and playing against the highest level competition. LaMO training prepared me physically and mentally for the training I experienced with El Salvador's National team. I knew some of the drills being practiced as they were similar to what LaMO Coaches taught me.

What is the next step for you in this team?

Because I attended the camp, I am now an identified National player for the El Salvador women's soccer team. I've been invited to attend another camp this summer to which I plan on going. My goal is to continue training for my national team in hopes of being selected to travel and play games and represent the country of El Salvador in upcoming Concacaf tournaments. I aspire to be the best version of myself wearing my country's badge, and Lamorinda's too ;)



KAI THOMAS MLS NEXT U19 | D1 COMMIT WESTPOINT

Which attributes appeal to college coaches?

My versatility, speed, physicality, character, and technical ability all set me apart with college coaches.

How has LaMO helped showcase you with scouts?

Being able to play in MLS NEXT definitely helped me get recruited. Attending MLS NEXT events with national exposure to coaches and scouts was important in the recruiting process.

How has LaMO helped you with your college pathway?

I was able to join in a lot of different teams practices at LaMO and receive great coaching. I remember being able to join in with teams as much as four years older than me. All the extra practices helped me become a better player and me more appealing to scouts.

PLAYERS SPOTLIGHT



ALANNA CABRAS GAU16 U16 WOMEN PHILIPPINES YNT

How did you get recruited to play for the Philippines?

The Philippine National Team scout has been in touch with my family for two years now. I was supposed to go to the national team camp in 2023, but I tore my ACL in November of 2022 and had my surgery in December of 2022.

They contacted me again to go to the Philippine National Team ID camp in Orange County in November 2023. I had just started playing again for about a month since my surgery. I attended the National ID camp for 2 days

and they asked me to join the U17 National Team Camp that same week.

Unfortunately, the GA College Showcase was the same week and I couldn't attend the rest of the training. They asked if I could come after the showcase, but I needed to go home because I had already missed 2 weeks of school. So I wasn't invited for the second round.

How has LaMO helped with exposure and/or training?

It has been a great challenge coming back from a major injury. I did about 10 months of physical therapy before returning to play. The experience has tested my mentality and taught me the value of commitment.

The coaches at LaMO are very helpful and are always very positive. Also, my teammates have been very supportive of my comeback. They are patient with me, but also push me to get better.

These elements have combined to help me regain my confidence.

How has LaMO helped with exposure and/or training?

It has been a great challenge coming back from a major injury. I did about 10 months of physical therapy before returning to play. The experience has tested my mentality and taught me the value of commitment.

The coaches at LaMO are very helpful and positive.

Also, my teammates have been very supportive of my comeback. They are patient with me, but also push me to get better. These elements have combined to help me regain my confidence.

What is the next step for you in this team?

I am going to try again and go to the training camp at the end of this year. I just hope the schedules don't conflict with the GA showcase. :)

“At LaMO the culture was all about playing as much as you can, and everyone was invited. If you made it to your practice early, you were jumping in to play with girls (or boys) five years older than you. Or I'd bring my college teammates out to trainings, who were always welcome to play with us. There was joy in rondo before practice, and the most competitive fun in flying colors at the end of practice. . . Mo made it a point to say soccer was fun.”

— Margaux Clarke, LMSC alumna

University of New Mexico, 1x Academic All-Mountain West
University of Washington, 3x Pac 12 Honor Roll



LAMO HOMEGROWN



EVAN SASSANO UWRF MSOC HEAD COACH

What is your connection to Lamorinda Soccer Club?

I grew up playing for Lamorinda Soccer Club in the late 1990's. At the time, the club was in a much different place and only had a few competitive teams. We played only on grass fields and all teams worked in isolation of each other.

What was life after LaMO?

I was lucky enough to receive an offer to play for UC Berkeley and where I spent

4-years as a Golden Bear winning two PAC-12 championships.

After college, I had an opportunity to play in Holland and Germany, and then in Minnesota for the pro team there.

After my playing career, I returned to UC Berkeley as an assistant coach. I moved from there to San Francisco State as an assistant coach and then Holy Names as Head Coach. I recently moved back to Minnesota where my wife is from, and took a job as assistant coach for NCAA D1 St. Thomas spending three seasons as the recruiting coordinator. Now I am the Head Coach for the University of Wisconsin-River Falls. We are a NCAA D3 school on the border of Minnesota and Wisconsin and about 30 minutes outside of the twin cities.



How did LaMO impact your path as a player and coach?

My experiences as a player and even more so as a coach were greatly impacted by Lamorinda Soccer Club. As a player, I was able to play with my older brother's team under Coach Mohamed, and to travel to showcases where I was exposed to a high level of competition.



As a coach, I worked very closely with Coach Mo. He was an inspiration early in my coaching career, and did my best to teach and inspire the young players of Lamorinda. Together with Mo and the LMSC staff, we challenged some of the biggest clubs in the country and beat them playing beautiful soccer. The players who played for LMSC always were superior technically and tactically compared to their counterparts and were attractive to college and national team scouts. I have been all over the country and still firmly believe that there is no other club that develops players and teams like Lamorinda Soccer Club and I am very proud to have played and coached there.

PRO TIPS

Advice for aspiring youth players pushing to make it pro



Talent is not enough. You have to want it more than anything else, but you have to put in the work. I spent countless hours outside of practice training on my own and doing extra work to have the opportunity to be a professional soccer player.



Focus on technique both in your first touch and always understanding your space no matter what position you play. Knowing what you want to do before you receive the ball, that will separate you from other players at a young age.



Take risks. Use challenges and adversity to grow as a player and person. Don't shy away from the opportunity or difficult moments on your soccer journey because ultimately those experiences will be what you need to play at the highest level possible.



And finally, but most importantly, believe in yourself! Never let anyone tell you that you cannot pursue your dreams, but be honest with yourself about the work you are putting into it.



ABOUT LUKE

Luke Sassano is an LMSC homegrown hero, former MLS player with NY Red Bulls and Sporting KC, and a UC Berkeley alumnus.

After playing pro soccer, Luke joined the technical staff for The New York Cosmos, FC Cincinnati and now serves as Nashville Soccer Club's Chief Scout.



Players at the Next Level



GIRLS

Chayse Yu – Brown University
 Indira Naylor – University of Chicago
 Paige Scheinberg – Swarthmore College
 Audrey Lam – Brown University
 Kamiryn Grimes – University of Chicago
 Erin Hambidge – Bowdoin College
 Natalie Means – Georgetown University
 Anna Solomon – University of Oregon
 Caitlyn McCulloch – University of Oregon
 Victoria Coninck – George Mason University
 Sabrina Rogers – Army West Point
 Kaya Scott – Fresno State
 Karissa Ruble – San Jose State
 Jacklyn Kelly – McNeese University
 Mia Castillo – Vanderbilt
 Spencer Deutz – Pomona Pitzer
 Brynn Reyes – San Francisco State
 Anjali Turner – Pomona Pitzer
 Kourtney Kessler – Point Loma
 Ava Schmitt – Claremont McKenna
 Isla Burch – Pomona Pitzer
 Madison Rosa – Mercy College
 Aubrey Turner – University of Portland
 Anna Pitt – UCSB
 Annika Keck – Worcester Polytechnic
 Margaux Clarke – University of Washington
 Sydney Yuen – San Francisco State
 Julia Hornerbell – Sonoma State
 Dariana Mihalache – Southern Illinois University
 Larisa Mercado – UC Davis
 Mikelle Claussen – High Point University
 Cate Combi – Chapman
 Maddy Chavez – UC Irvine
 Elise Ziem – UCSB
 Charlotte Guillory – CSU Long Beach
 Lauren McCulloch – UCSB
 Ashley Holbrook – University of Redlands
 Holly Brown – Sonoma State
 Morgan Rogers – UC Berkeley
 Cecilia Gee – Stanford
 Caroline Clarke – UC Berkeley
 Katherine Larson – UPenn
 Ashley Morton – Sonoma State
 Regan McQuain – US Naval Academy
 Brianna Lao – Pomona Pitzer
 Alexa Hanson – Lewis and Clark
 Nayeli Cruz – Long Beach State
 Jane Buckley – Yale
 Grace Sanford – Wellesley
 Bailey Yuen – Cal Poly SLO
 Jessica Mano – Whitman
 Angie Gonzalez – SF State
 Corinne Collins – Bucknell University
 Kendall Pegan – University of Redlands
 McKenna DeBack – UC Berkeley
 Summer Williams – UCLA
 Val Henderson – UCLA, Philadelphia Impact
 USWNT
 Christina Sander – UC Davis Club
 Maria Pitt – UC Davis Club
 Anja Simonsen – UC Davis Club
 Marissa Crosetti – Baylor University
 Danielle Sassano – UC Santa Cruz
 Leah Smith – UC Santa Cruz
 Claire Winter – UCLA
 Darian Corey – Humboldt
 Frances Collins – UC Boulder Club
 Jessica Jara – Santa Clara University
 Jessie Tuan – University of Washington Club
 Katie McGee – UC Davis Club
 Katie Tao – Pomona Pitzer
 Megan Turner – Stanford University
 Michaela Maes – Point Loma
 Nadia Alaiyan – Pomona College
 Nina Gerson – Washington University in St. Louis
 Sam Zarlring – Colorado College
 Shannon Stabler – Cal Poly SLO
 Sophie Fuller – Westmont
 Sophie Leksan – LMU
 Val Margerum – Long Beach State
 Sydney Burger – UC Davis
 Jane Fessenden – MIT
 Jessica Martinez – Oregon State
 Abigail Onderwyzer Gold – Pomona College
 Emily Orwig – Cal Poly SLO
 Farah Otero-Amad – UPenn
 Lauren Petite – UPenn
 Megan Reid – University of Virginia

BOYS

Israel Cortez – UC Berkeley
 Liam Murdin – Cal Poly SLO
 Kai Thomas – Army West Point
 Theseas Eleftheriadis – USD
 Riley Coover – CalTech
 Gabe Bracken-Serra – USF
 Alijah Gouridine – Howard University
 Enzo Dal Bo – Pomona Pitzer
 Marco Rodriguez – Chapman
 Eduardo Marin – Santa Clara University
 Giri Mase – Pomona Pitzer
 Nikolas Laredo – Pomona Pitzer
 Jorah Delbano – Emerson College
 Stefan Clemans – UC Santa Cruz
 Tyler Gage – Brown University
 Dylan Kiyomura – Cal State East Bay
 Pedro Osorio – Saint Mary's College
 Alex Mangals – UC Berkeley
 Gavin Wenyon – San Jose State
 Rob Weeks – University of Washington in St. Louis
 Dan Gold – Tufts University Club
 Norman Pitt – UCSD
 Marc Glogowsky – Cal Poly Pomona
 Eric Sassano – UC Berkeley
 Yousef Sammy – Saint Mary's College
 Adrien Argast – International San Francisco
 Luke Sassano – UC Berkeley
 Evan Sassano – UC Berkeley
 Adrian Guzman – UC Berkeley
 Fernando Lara – UC Berkeley

GIRLS CONTINUED

Julia Reshke – Georgetown
 Lindsay Wilson – Emory University
 Emily Holbrook – Chapman University
 Vanessa Larson – Westmont
 AJ Morgan – UC Berkeley Club
 Val Henderson – UCLA
 Brenna Hogue – Brown University
 Maria Pitt – UC Davis Club
 Alex Mangals – UC Berkeley
 Marissa Crosetti – Baylor University
 Danielle Sassano – UC Santa Cruz
 Leah Smith – UC Santa Cruz
 Allie Tao – Pomona Pitzer
 Claire Winter – UCLA
 Darian Corey – Humboldt
 Frances Collins – University of Colorado Boulder Club
 Jessica Jara – Santa Clara University
 Katie Tao – Pomona Pitzer
 Megan Turner – Stanford
 Michaela Maes – Point Loma
 Nadia Alaiyan – Pomona Pitzer
 Nina Gerson – Washington University in St. Louis
 Sam Zarlring – Colorado College
 Shannon Stabler – Cal Poly SLO
 Sophie Fuller – Westmont
 Sophie Leksan – Loyola Marmount
 Val Margerum – Long Beach State
 Sydney Burger – UC Davis
 Jane Fessenden – MIT
 Jessica Martinez – Oregon State
 Abigail Onderwyzer Gold – Pomona College
 Emily Orwig – Cal Poly SLO
 Farah Otero-Amad – UPenn
 Lauren Petite – UPenn
 Megan Reid – University of Virginia
 Julia Reshke – Georgetown
 Lindsay Wilson – Emory University
 Emily Holbrook – Chapman University
 Vanessa Larson – Westmont
 AJ Morgan – UC Berkeley Club
 Cecilia Gee – Stanford
 Regan McQuain – US Naval Academy
 Caroline Clark – Stanford University
 Katherine Larson – UPenn
 Morgan Rogers – UC Berkeley
 Brianna Lao – Pomona Pitzer
 Alexa Hanson – Lewis and Clark
 Nayeli Cruz – Long Beach State
 Jane Buckley – Yale
 Grace Sanford – Wellesley
 Bailey Yuen – Cal Poly SLO
 Jessica Mano – Whitman
 Alex Taylor – Tufts University



Players at the Next Level



HALL OF FAME

Inducted 2016
 Head Coach 1952-80 - Inducted 1991
 - Inducted 1991
 3-86 - Inducted 2008

Cal WO

Joy (Biefle)
 Bob Digra
 Mary Harv
 Laura Scho
 Maite Zaba

ACC

CONFERENCE



Players at the Next Level





Players at the Next Level





Players at the Next Level



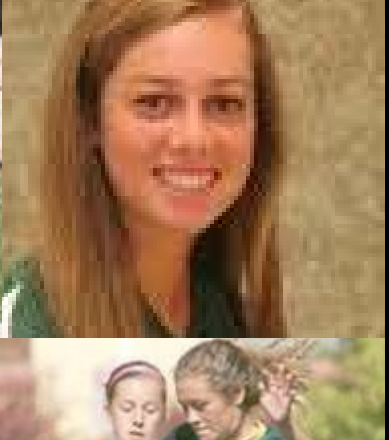
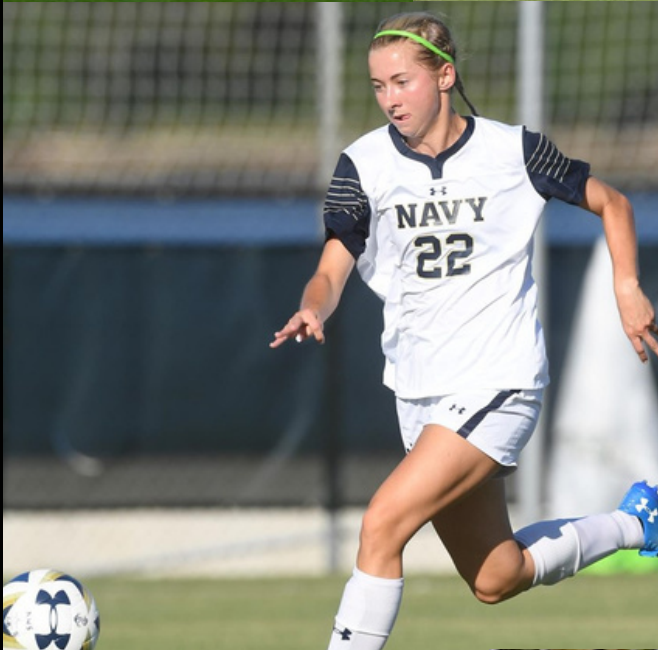


Players at the Next Level





Players at the Next Level





Players at the Next Level



ALL-REGION

SPENCER DEUTZ

FIRST TEAM | JUNIOR DEFENDER





Players at the Next Level





Players at the Next Level





Players at the Next Level





Players at the Next Level





Players at the Next Level



IN MEMORY

The LaMO Zone Newsletter was first published by Bill Clarke, father of Margaux Clarke, LMSC alumnus currently playing at the University of New Mexico. The first issue came out in 2018, and was a vehicle for communicating soccer news and celebrating club-wide success.

We are forever grateful to Bill and all our families who have poured time, talent, and treasure into the LMSC community. Together we make Lamorinda a better place to learn and grow.



Thank you!

ABOUT LAMORINDA SOCCER CLUB

At Lamorinda Soccer Club we believe that the game belongs to children who play it. It's their game, and therefore we prioritize player development — technical, tactical, mental, and physical — above all else. The game is not for the coaches or the parents. We believe players should think for themselves to solve soccer situations. We believe in long-term growth over short-term gains.

Our Technical Development Program is designed to provide players with a level of preparation, training, practice, and competition (appropriate for ability and age group) that will enthruse, challenge, and motivate players to further improvement and a lifelong involvement in soccer.



Lamorinda Soccer Club is a youth soccer organization with headquarters in Moraga, CA and primary playing facilities in Orinda, CA. The club was founded in 1976 and is rekrown for its possession-based playing style that prioritizes fluid, creative, imaginative soccer.